

## Programme Specification

PGCert Evidence-Based Supervision (part-time)

PPTZEBSUPVHC

For students entering in 2024/25

**This document sets out key information about your Programme and forms part of your Terms and Conditions with the University of Reading.**

Awarding Institution	University of Reading
Teaching Institution	University of Reading
Length of Programme	PGCert Evidence-Based Supervision (part-time) - 12 months
Accreditation	N/A
Programme Start Dates	September and March
QAA Subject Benchmarking Group	

### Programme information and content

This one-year programme has the overarching aim of introducing you to the theory and practice of evidence-based clinical supervision. It is expected that you will be employed full-time within partnership services (mainly NHS but also some voluntary sector/local authority) and be training to provide supervision to cognitive-behavioural therapy (CBT) practitioners practising in Child and Adolescent Mental Health Services (CAMHS) at both high and low intensity.

The aims of this programme are closely tied to the Government's aims to expand the Improving Access to Psychology Therapies (IAPT) programme (now known as Talking Therapies) to children and young people (CYP) and to improve mental healthcare provision within schools/colleges. The overall aim is to transform mental health services for children and adolescents (CAMHS) to maximise their efficiency and effectiveness, and ensure that their outcomes are measurable.

This programme follows well-specified NHS England (NHSE) national curricula. The curricula for CYP supervisors are intended to be used alongside the revised IAPT Supervision Guidance developed for the Adult IAPT programme (Turpin & Wheeler, 2011).

Throughout the programme, you will be working within your respective employing services, delivering supervision to trainee or qualified practitioners. It is expected that, by the end of the programme, you will be able to apply your knowledge of evidence-based supervision and demonstrate your supervisory skills within your practice.

### Programme Learning Outcomes

-PGCert Evidence-Based Supervision (part-time)

During the course of the Programme, you will have the opportunity to develop a range of skills, knowledge and attributes (known as learning outcomes) For this programme, these are:

#### **LEARNING OUTCOMES**

1	Interpret, explain and critique theoretical, research and implementation literature that underpins the supervision of mental health practitioners delivering CBT
2	Describe the core principles underpinning the Children and Young People's mental health agenda and how these apply to supervision practice.
3	Working with cultural humility, working with difference through curiosity and openness to varying lived experiences
4	Deliver evidence-based supervision to practitioners delivering CBT/PT interventions (high and/or low intensity), as set out in the NHSE curricula of their supervisees
5	Supervise Children and Young People's mental health practitioners in an evidence-based way that supports the development of quality-driven, outcomes-informed services.
6	Demonstrate effective and context sensitive written and spoken communication skills in communicating information, advice, instruction and professional opinion to service users, their relatives and carers, colleagues and others.

You will be expected to engage in learning activities to achieve these Programme learning outcomes. Assessment of your modules will reflect these learning outcomes and test how far you have met the requirements for your degree.

To pass the Programme, you will be required to meet the progression or accreditation and award criteria set out below.

### Module information

The programme comprises 60 credits, allocated across a range of compulsory and optional modules as shown below. Compulsory modules are listed.

#### Compulsory modules

Module	Name	Credits	Level
PYMSOS	Supervisor Training for Children and Young People's IAPT II	40	M
PYMSUT	Supervisor Training for Children and Young People's IAPT I	20	M

#### Part-time or flexible modular arrangements

Not applicable. There is currently not a part-time route.

In line with the University's Policy on and procedures for suspension, students normally have a maximum of three years in which to complete credits to qualify for the award of Postgraduate Certificate.

For NHSE funded students, this is typically a 1-year programme and these students may have contractual arrangements with their employer that mean programme requirements must be met within this timeframe (students should check with their employing services).

#### Placement opportunities

The programme consists of a taught component delivered via the University and also an active contribution to service delivery within the NHS. There are no opportunities for study abroad or alternative placements within the programme. NHSE funded students must be

employed within a CWI partnering service for the duration of the workplace-based learning of the programme; these students may change employers during the programme but to continue the programme, the new employer must also be a partnering service in support of the student continuing their training and their new role must also involve appropriate supervisory work.

### **Study abroad opportunities**

N/A

### **Optional modules**

There are no optional modules.

### **Teaching and learning delivery**

You will be provided with a mixture of modular teaching and work-based learning. You will receive scheduled and self-scheduled teaching and learning activities at the forefront of the discipline, informed by current practice, scholarship, and research, and will work with other students to develop your knowledge through a variety of on-campus and work-based activities.

The CWI is committed to maintaining and promoting diversity in its curriculum (e.g., including teaching regarding the historic and ongoing oppression faced by minority groups within mental health care) and teaching materials (e.g., videos of clinical skills illustrated using diverse practitioners as well as diverse clients). We also work hard to ensure accessibility for students is prioritised.

As part of coursework assessment, students are required to bring recordings of their practice for review within group supervision sessions and students are encouraged to develop their feedback skills through evaluating one another's practice.

Elements of your programme will be delivered via digital technology (in line with BABCP guidelines it will be no more than 50% thus allowing you to use these hours towards independent BABCP accreditation if appropriate). Based on student feedback, clinical training literature, and our NHS/NHSE stakeholders, most of the face-to-face delivery will occur early on in the programme.

The scheduled teaching and learning activity hours and amount of technology enhanced learning activity for your programme will depend upon your module combination. In addition, you will undertake some self-scheduled teaching and learning activities, designed by and/or involving staff, which give some flexibility for you to choose when to complete them. You will also be expected to undertake guided independent study. Information about module study hours including contact hours and the amount of independent study which a student is normally expected to undertake for a module is indicated in the relevant module description.

### **Accreditation details**

N/A

## **Assessment**

Assessments will be by a variety of methods, including: (a) formative tapes of supervision sessions, rated by student and supervisor; (b) summative supervision tape rated by markers and self-rated by students; (c) students' written reflections on supervisory skills; (d) written assignment on supervision literature (e) a service-improvement project presentation, (f) and the completion of a portfolio marked by programme team members. Further information is contained in the individual module descriptions.

On the programme, students have the right to resubmit all coursework on one occasion (with marks capped at the pass mark). However, as this is a clinical programme and assessments involve real patients/clients, there is a programme limit of two pieces of coursework that can be granted 'third attempts' (known as alternative assessments) in exceptional circumstances. As a clinical programme, the University has expectations from students' employing organisations and NHS England, and professional accrediting bodies to ensure clinical competence standards are met. If there are exceptional circumstances which are likely to affect the student across a number of assessments, they are able to suspend studies, for a cumulative maximum of 2 years, in accordance with the University suspension policy.

## **Progression**

### **Part-time and modular progression requirements**

N/A

The Postgraduate Certificate is awarded at Pass or Fail.

Marks for individual assessments are interpreted in accordance with the University's taught postgraduate marks classification:

### **Mark Interpretation**

70 - 100% Distinction

60 - 69% Merit

50 - 59% Good standard (Pass)

### **Failing categories:**

40 - 49% Work below threshold standard

0 - 39% Unsatisfactory Work

### **For Postgraduate Certificate**

The following conditions must be satisfied for the award of a Postgraduate Certificate:

- i. an overall average of 50 or more over 60 credits at level 7;
- ii. have no Significant Weakness.

#### **Significant Weakness**

Within each module:

- every summative assessment must be passed with a mark of 50% or more (any 'auto-fails' on skills-based assessments will cause the assessment to be marked as 0 and will mean a failure of the assessment); and
- all portfolio assignments must be passed (marked as Pass/Fail and includes a requirement for students to have attended at least 80% of the teaching days in each module).

Please note: For NHSE funded students, completion of studies is dependent on employment within an NHS commissioned partnering service. Students must successfully pass all modules of the training programme and no alternative exit award is available, as this programme is nationally recognised by NHSE.

For all students, programme completion is dependent on access to CBT supervisees and appropriate supervision. Therefore, a student's studies may be terminated if they are no longer working in an appropriate service and no longer have access to supervisees.

### **Additional costs of the programme**

NHSE funded students are not expected to meet programmes costs; these would typically be covered by the student's employer; however, this detail will be outlined by students' employers.

**For further information about your Programme please refer to the Programme Handbook and the relevant module descriptions, which are available at <http://www.reading.ac.uk/module/>. The Programme Handbook and the relevant module descriptions do not form part of your Terms and Conditions with the University of Reading.**

PGCert Evidence-Based Supervision (part-time) for students entering in session 2024/25  
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