

## Programme Specification

MSc Coaching for Behavioural Change (Henley-based)	PPTZCFBCXXFM
MSc Coaching for Behavioural Change (Online)	PPTZCFBCXXDM
PGCert Coaching for Behavioural Change (Henley-based)	PPTZCFBCXXFC
PGCert Coaching for Behavioural Change (Online)	PPTZCFBCXXDC
PGDip Coaching for Behavioural Change (Henley-based)	PPTZCFBCXXFD
PGDip Coaching for Behavioural Change (Online)	PPTZCFBCXXDD
Professional Certificate in Executive Coaching (Denmark) Ad Hoc	PPTZDKPCECDA
Professional Certificate in Executive Coaching (Finland) Ad Hoc	PPTZFNPCCECDA
Professional Certificate in Executive Coaching (Germany) Ad Hoc	PPTZGMPCECDA
Professional Certificate in Executive Coaching (Henley-based)	PPTZHBPCECDA
Professional Certificate in Executive Coaching (Online)	PPTZHVPCECDA

### For students entering in 2024/25

**This document sets out key information about your Programme and forms part of your Terms and Conditions with the University of Reading.**

Awarding Institution	University of Reading
Teaching Institution	University of Reading
Length of Programme	<p>MSc Coaching for Behavioural Change (Henley-based) - 36 months</p> <p>MSc Coaching for Behavioural Change (Online) - 36 months</p> <p>PGCert Coaching for Behavioural Change (Henley-based) - 12 months</p> <p>PGCert Coaching for Behavioural Change (Online) - 12 months</p> <p>PGDip Coaching for Behavioural Change (Henley-based) - 24 months</p> <p>PGDip Coaching for Behavioural Change (Online) - 24 months</p> <p>Professional Certificate in Executive Coaching (Denmark) Ad Hoc - 20 months</p> <p>Professional Certificate in Executive Coaching (Finland) Ad Hoc - 20 months</p> <p>Professional Certificate in Executive Coaching (Germany) Ad Hoc - 20 months</p> <p>Professional Certificate in Executive Coaching (Henley-based) - 20 months</p> <p>Professional Certificate in Executive Coaching (Online) - 20 months</p>
Accreditation	<p>Association to Advance Collegiate Schools of Business (AACSB)</p> <p>European Foundation for Management Development (EQUIS)</p>

	ICF, AC, EMCC (Professional Certificate in Executive Coaching only)
Programme Start Dates	Multiple throughout the academic year.
QAA Subject Benchmarking Group	Counselling and Psychotherapy Business and Management

### **Programme information and content**

The programme aims:

- To build mastery in coaching by broadening and deepening students' knowledge and understanding, of self and others.
- To build confidence through practice and reflection.
- To develop the skills of reflective and reflexive learning.
- To develop self-awareness around the coaching relationship and self-management.
- To become fully practised in the experience of coaching supervision.
- To understand and work with the coaching system, as it exists in organisations.
- To increase the range of coaching tools and techniques available to the student, and the flexibility and judgement around their use.
- To develop critical thinking and problem solving skills to enable coaching at a high level within an organisational context.

### **Programme Learning Outcomes**

-MSc Coaching for Behavioural Change (Henley-based)

During the course of the Programme, you will have the opportunity to develop a range of skills, knowledge and attributes (known as learning outcomes) For this programme, these are:

<b>Learning outcomes</b>	
1	Apply coaching competency frameworks to your own practice as a coach/behavioural change practitioner and evaluate the impact such frameworks have on your own practice and the wider profession.
2	Critically analyse how psychological theories and models can be applied to the practice of coaching and behaviour change to enhance the effectiveness of interventions.
3	Critically evaluate evidence that informs the practice of coaching and behaviour change and apply this knowledge to your personal practice and the wider profession.
4	Question how coaching and behavioural change principles can be used in challenging and emerging contexts to ensure ethical and effective ways of working.
5	Develop high levels of self-awareness and an understanding of your own coaching style; examine the role self-awareness plays in coaching and behaviour change for both the coach and the coachee.
6	Utilise reflective and reflexive practice to generate personal and professional development plans as a coach/behavioural change practitioner.

7	Implement appropriate research design principles to generate knowledge that contributes to the professions of coaching and/or behaviour change.
8	Communicate ideas in a logical and engaging way, both in written assignments and in coaching engagements.

You will be expected to engage in learning activities to achieve these Programme learning outcomes. Assessment of your modules will reflect these learning outcomes and test how far you have met the requirements for your degree.

To pass the Programme, you will be required to meet the progression or accreditation and award criteria set out below.

## Module information

### Compulsory modules

Module	Name	Credits	Level
MQM1FIC4	Foundations in Coaching, PCEC	30	M
MQM1NSP1	Neuroscience and Psychology	30	M
MQM2ACP	Advanced Coaching Practice	20	M
MQM2BRP	Becoming a Reflective Practitioner	20	M
MQM2GDST	Group Dynamics & Systems Thinking	20	M
MQM3DCBC	Dissertation for MSc in Coaching and Behavioural Change	40	M
MQM3PERP	Personal Project	20	M

The table above includes all modules. Please see the information below for a breakdown of the modules in each programme.

#### Professional Certificate in Executive Coaching

The programme comprises of 30 credits. Compulsory modules are listed.

MQM1FIC4 Foundations in Coaching, PCEC

#### Postgraduate Certificate in Coaching For Behavioural Change

The programme comprises of 60 credits. Compulsory modules are listed.

MQM1FIC4 Foundations in Coaching, PCEC

MQM1NSP1 Neuroscience and Psychology

#### Postgraduate Diploma in Coaching for Behavioural Change

The programme comprises of 120 credits. Compulsory modules are listed.

MQM1FIC4 Foundations in Coaching, PCEC

MQM1NSP1 Neuroscience and Psychology

MQM2ACP Advanced Coaching Practice

MQM2GDST Group Dynamics and Systems Thinking  
MQM2BRP Becoming a Reflective Practitioner

### **Masters in Coaching for Behavioural Change**

The programme comprises of 180 credits. Compulsory modules are listed.

MQM1FIC4 Foundations in Coaching, PCEC  
MQM1NSP1 Neuroscience and Psychology  
MQM2ACP Advanced Coaching Practice  
MQM2GDST Group Dynamics and Systems Thinking  
MQM2BRP Becoming a Reflective Practitioner  
MQM3DCBC Dissertation  
MQM3PERP Personal Project

MQM1FIC4 Foundations in Coaching, PCEC is a PASS/FAIL module.

### **Placement opportunities**

N/A

### **Study abroad opportunities**

N/A.

### **Optional modules**

N/A

### **Teaching and learning delivery**

The programme is designed to be modular with workshops in each module of varying length. The workshops will be co-ordinated by Henley lead tutors throughout the entire programme, with different specialist tutors involved at appropriate stages.

All the workshops include a mix of teaching, demonstrations by the tutor, and practice sessions between participants. All students will receive supervision throughout the programme.

Each of the programmes can be studied live-online or in-person.

Total study hours for each stage of your programme will be 600 hours, totalling 1800 hours.

An average number of contact hours for a typical set of modules on a stage of this programme is 255 hours. In addition to your scheduled contact hours, you will be expected to undertake guided independent study. Information about module contact hours and the amount of independent study which a student is normally expected to undertake for a module is indicated in the relevant module description.

Elements of your programme will be delivered via digital technology.

### **Part-time of flexible modular arrangements**

The programme durations stated represent maximum programme lengths. The programme is designed to be flexible and students will progress at different rates so may be able to complete the programme in a shorter time.

### **Accreditation details**

Association to Advance Collegiate Schools of Business (AACSB)

European Foundation for Management Development (EQUIS)

ICF, AC, EMCC (Professional Certificate in Executive Coaching only)

### **Assessment**

The programme will be assessed through written assignments and one recorded coaching session in Foundations of Coaching. Further information is contained in the individual module descriptions.

### **Progression**

#### **Part-time and modular progression requirements**

A mark of 50%/pass is required to pass each assessment. One resubmission is permitted for each assessment, and any resubmission will be capped at 50%/pass

The University's taught postgraduate marks classification is as follows:

#### **Mark Interpretation**

70 - 100% Distinction

60 - 69% Merit

50 - 59% Good standard (Pass)

#### **Failing categories:**

40 - 49% Work below threshold standard

0 - 39% Unsatisfactory Work

To qualify for a **Professional Certificate** students must

1. gain a PASS mark in Foundations of Coaching, PCEC (30 credits).

### ***For PG Certificate***

To qualify for a **Postgraduate Certificate** students must

1. gain an overall average of 50 or more over 60 credits; and
2. gain a mark of 50/PASS or above in every module.

### ***For PG Diploma***

To qualify for a **Postgraduate Diploma** students must

1. gain an overall average of 50 or more over 120 credits; and
2. gain a mark of 50/PASS or above in every module.

### ***For MSc***

To attain the MSc students must gain a mark of at least 50%/PASS (or more) in each module.

To qualify for a Distinction, students must gain an overall average of 70 or more over 180 credits and a mark of 60 or more for the dissertation.

To qualify for a Merit, students must gain an overall average of 60 or more over 180 credits and a mark of 50 or more for the dissertation.

To qualify for a Pass, students must gain an overall average of 50 or more over 180 credits and a mark of 50 or more for the dissertation.

In addition, for all classifications above, students must obtain a mark of at least 50%/PASS in each element of assessed work. One resubmission is permitted per assignment, and resubmissions will be capped at 50%/PASS.

### **Additional costs of the programme**

N/A

Costs are indicative and may vary according to optional modules chosen and are subject to inflation and other price fluctuations. The estimates were calculated in 2023.

**For further information about your Programme please refer to the Programme Handbook and the relevant module descriptions, which are available at <http://www.reading.ac.uk/module/>. The Programme Handbook and the relevant module descriptions do not form part of your Terms and Conditions with the University of Reading.**

MSc Coaching for Behavioural Change (Henley-based) for students entering in session 2024/25

24 April 2024

© The University of Reading 2024