

Programme Specification

PG Certificate Traumatic Stress Studies (part-time)

PPTZTSSTUDHC

For students entering in 2022/23

This document sets out key information about your Programme and forms part of your Terms and Conditions with the University of Reading.

Awarding Institution	University of Reading
Teaching Institution	University of Reading
Length of Programme	PG Certificate Traumatic Stress Studies (part-time) - 12 months
Accreditation	Attendance at this programme can count towards individual accreditation by the British Association for Behavioural and Cognitive Psychotherapies (BABCP) as all tutors are BABCP accredited.
Programme Start Dates	March

Programme information and content

PG Cert in Traumatic Stress Studies is a part-time programme with the overarching aim of introducing students to the theory and practice of trauma-focused cognitive-behavioural therapy (TF-CBT). This programme is currently non-clinical as whilst the topics are clinical, there is no practical skills component to the coursework and so clinical competence is not assessed.

By the end of the programme, students will:

- Have developed a robust knowledge base of theory and research in TF-CBT, to promote a critical approach to the subject.
- Be able to describe core tenets of evidence-based psychological treatment and the application of TF-CBT for working with different client populations.

Be able to assess, formulate and devise proposed treatment interventions for clinical vignettes.

Module information

The programme comprises of 60 credits, allocated across a range of compulsory and optional modules. Compulsory modules are listed.

Compulsory modules

Module	Name	Credits	Level
PYMAWT	Advanced Skills for Working with Trauma	20	M
PYMBWT	Basic Skills for Working with Trauma	20	M

Students with significant clinical experience may elect to complete INT via the RPEL route rather than ICT.

Module	Name	Credits	Level
PYMICT	Introduction to CBT and evidence-based psychological treatment	20	M
OR			
PYMINT	Introduction to CBT and evidence-based psychological treatment (RP(E)L route)	20	M

Part-time or flexible modular arrangements

Programme must be undertaken part-time. Students have a maximum of three years in which to complete credits to qualify for the award of Postgraduate Certificate.

Additional costs of the programme

N/A

Optional modules

Students with significant clinical experience may elect to complete INTA via the RPEL route rather than ICT.

Placement opportunities

N/A

Study abroad opportunities

N/A

Teaching and learning delivery

Students on this programme will be provided with the best possible curricular delivery and personal development opportunities. Students will receive scheduled and self-scheduled teaching and learning activities at the forefront of the discipline, informed by current practice, scholarship, and research, and will work with other students to develop their knowledge through a variety of interactive in-lecture activities.

The Charlie Waller Institute (CWI)'s equality, diversity and inclusion working group are supporting all programmes in de-colonising the curricula work (e.g., including teaching regarding the historic and ongoing oppression faced by minority groups within mental health care), diversifying the teaching materials (e.g., videos of clinical skills illustrated using diverse practitioners as well as diverse clients), and ensuring accessibility is prioritised.

Teaching is strongly tied to current research and modern clinical practice. Academics teaching on this programme are experienced in their discipline and all currently practise in clinical settings to maintain their own accreditation status. The aim is to provide students

with the ability to critique CBT literature, particularly with regards to how it applies to their own caseloads, and to develop comprehensive high-quality clinical skills.

Teaching will use didactic materials, video and role-play illustrations of key therapeutic techniques and experiential learning.

Total study hours for this programme will be 600 hours. The contact hours for your programme will depend upon your module combination; an average for a typical set of modules on this programme is 80hours. In addition to your scheduled contact hours, you will be expected to undertake guided independent study. Information about module contact hours and the amount of independent study which a student is normally expected to undertake for a module is indicated in the relevant module description.

Accreditation details

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Assessment

The programme will be assessed through examinations which assess clinical knowledge. Further information is contained in the individual module descriptions.

On the programme, students have the right to resubmit all coursework on one occasion (with marks capped at the pass mark). However, as this is a clinical programme and assessments involve real patients/clients, there is a programme limit of two pieces of coursework that could be granted 'third attempts' (known as alternative assessments) in exceptional circumstances. As a clinical programme, the University has expectations from students' employing organisations, Health Education England, and professional accrediting bodies to ensure clinical competence standards are met. If there are exceptional circumstances which are likely to affect the student across a number of assessments, they are able to suspend studies, for a maximum of 2 years, in accordance with the University suspension policy.

Progression

PYMBWT and PYMAWT are compulsory. All modules are co-requisite.

Classification

The Postgraduate Certificate is awarded at Pass or Fail.

The University's taught postgraduate marks classification is as follows:

Mark Interpretation

70 - 100% Distinction

60 - 69% Merit

50 - 59% Good standard (Pass)

Failing categories:

40 - 49% Work below threshold standard

0 - 39% Unsatisfactory Work

For PG Certificate

To qualify for a **Postgraduate Certificate**, students must

- i. gain an overall average of 50 or more over 60 credits; and
- ii. students must not have any mark below 50.

Within each module, every summative assessment must be passed with a mark of 50% or more.

For further information about your Programme please refer to the Programme Handbook and the relevant module descriptions, which are available at <http://www.reading.ac.uk/module/>. The Programme Handbook and the relevant module descriptions do not form part of your Terms and Conditions with the University of Reading.

PG Certificate Traumatic Stress Studies (part-time) for students entering in session 2022/23
14 October 2022

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