

## Programme Specification

GradCert Brief Evidence-Based Interventions for Children and Young People with Common Mental Health Problems (full-time) PFTZCYPCO6HC

For students entering in 2020/21

**This document sets out key information about your Programme and forms part of your Terms and Conditions with the University of Reading.**

Awarding Institution	University of Reading
Teaching Institution	University of Reading
Length of Programme	GradCert Brief Evidence-Based Interventions for Children and Young People with Common Mental Health Problems (full-time) - 12 months
Accreditation	N/A currently – overseen by Health Education England’s CYP IAPT Programme Team
Programme Start Dates	March

### Programme information and content

The aims of this course accord with the Department of Health programme ‘Child and Young person: Improving Access to Psychological Therapies’ (CYP IAPT). This is a taught certificate to train new staff entering Children and Adolescent Mental Health Services (CAMHS) to deliver evidence-based low intensity psychological treatments. These students will be trained to perform a number of roles under the direct supervision of more senior members of staff including:

- Assessing children and young people's mental health difficulties
- Liaising with referrers
- Planning treatment with children, young people and their families
- Delivering low-intensity evidence-based interventions

Trainees will undertake this programme alongside full time employment in an NHS commissioned child and adolescent mental health service (CAMHS). They will be trained to work with a diverse range of children young people and families, and in collaboration with different organisations (e.g. schools, local authority, NHS). The programme will develop workers’ decision- making abilities and enable them to use supervision and to recognise when and where it is appropriate to seek further advice, a step up or a signposted service. Students are exposed to a variety of teaching methods and practical experience, culminating in the assessment of both the theoretical and skills aspects of the modules.

Candidates for this route will not hold an Honours degree or may hold degree of Third Class Honours standard or below. Candidates for this route will be able to evidence an ability to study at Level 6 (i.e. previous successful study at level 5; or successful part completion of an Honours degree – level 6).

**Module information**

The programme comprises of 60 credits, allocated across a range of compulsory and optional modules. Compulsory modules are listed.

**Compulsory modules**

Module	Name	Credits	Level
PY3EAC	Engagement and Assessment of Common Mental Health Problems in Children and Young People	20	6
PY3FPC	Fundamental Principles for Working with Children and Young People	20	6
PY3LIC	Brief Evidence-Based Interventions for Children and Young People with Common Mental Health Problems	20	6

**Part-time or flexible modular arrangements**

Programme must be undertaken full-time. Students have a maximum of three years in which to complete credits to qualify for the award of Graduate Certificate.

**Additional costs of the programme**

Students are not expected to meet programmes costs; these would typically be covered by the student's employer.

**Optional modules**

N/A

**Placement opportunities**

This programme consists of a taught component delivered via the University and also an active contribution to service delivery within the NHS/LA or a voluntary sector organisation. There are no opportunities for study abroad or alternative placements within the programme.

**Study abroad opportunities**

N/A

**Teaching and learning delivery**

Teaching will use didactic materials, video and role-play illustrations of key therapeutic techniques and experiential learning.

Total study hours for your programme will be 600 hours. The contact hours for your programme will depend upon your module combination; an average for a typical set of modules on this programme is 60 hours. In addition to your scheduled contact hours, you will be expected to undertake guided independent study and clinical contact hours. Information about module contact hours and the amount of independent study which a student is normally expected to undertake for a module is indicated in the relevant module description.

### **Accreditation details**

The programme will be accredited by the British Psychological Society in due course; national programme team (including UoR staff) are working on accreditation committee currently.

### **Assessment**

Assessment will include recordings of clinical work with children, young people and their families, reflective analysis, in class tests, and practice outcomes portfolio.

### **Progression**

N/A

### **Classification**

To qualify for the award of Graduate Certificate, students must gain an average mark of 40 or more for the programme as a whole, and a mark of at least 40 in every module.

Within each module, every skills-based assessment must be passed with a mark of 50 or more, all portfolio assignments passed (marked as a Pass/Fail) and every written academic assessment must be passed with a mark of 40 or more. Any auto-fails on skills-based assessments will be marked as 0. In addition, in order to pass, students must have attended 100% of the teaching days in each module of the programme.

Please note: Completion of studies is dependent on employment within an NHS commissioned Child and Adolescent Mental Health Service, access to a clinical caseload and clinical and case management supervision. Students must successfully pass all modules of the training programme. Therefore, a student's studies may be terminated if they are no longer working in an appropriate service and no longer have access to a clinical caseload or access to clinical and case management supervision.

**For further information about your Programme please refer to the Programme Handbook and the relevant module descriptions, which are available at <http://www.reading.ac.uk/module/>. The Programme Handbook and the relevant module descriptions do not form part of your Terms and Conditions with the University of Reading.**

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5 December 2022

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