

Programme Specification

PG Diploma Evidence-Based Psychological Treatment for Children and Young People (C&Y IAPT) (full-time) PFTZCYIAPTHD

For students entering in 2020/21

This document sets out key information about your Programme and forms part of your Terms and Conditions with the University of Reading.

Awarding Institution	University of Reading
Teaching Institution	University of Reading
Length of Programme	PG Diploma Evidence-Based Psychological Treatment for Children and Young People (C&Y IAPT) (full-time) - 12 months
Accreditation	Improving Access to Psychological Therapies Programme Board and the British Association for Behavioural and Cognitive Psychotherapy (BABCP) Level 2
Programme Start Dates	January

Programme information and content

The aims of this programme are closely tied to the aims of the Government's programme to expand the 'Improving Access to Psychological Therapies' (IAPT) programme and to extend it to children and adolescents. The overall aim of this programme is to transform the mental health services for children and adolescents (CAMHS) so as to maximise their efficiency and effectiveness, and ensure that their outcomes are measurable. HEIs are expected to follow a well-specified national curriculum. Specific aims are:

To provide students with the basic competences for working with children and young people i.e.

- Fundamental cognitive-behavioural (CBT) skills with children
- Fundamental parent training (PT) skills
- Cultural aspects of childhood and parenting
- Working with groups of young people and parents
- Service user participation (children, young people and parents)
- Treatment outcomes and evaluation
- Assessment of common childhood disorders
- To train students in specific evidence-based cognitive behavioural interventions for a wide range of anxiety disorders and depression

- To train students in evidence-based parent training interventions so that they will be able to understand the causes and interventions for conduct disorders.

Module information

The programme comprises of 120 credits, allocated across a range of compulsory and optional modules. Compulsory modules are listed.

Compulsory modules

Module	Name	Credits	Level
PYMBAS	Basic Skills	60	M

Part-time or flexible modular arrangements

Programme must be undertaken full-time. Students have a maximum of three years in which to complete credits to qualify for the award of Postgraduate Diploma.

Additional costs of the programme

Students are not expected to meet programmes costs; these would typically be covered by the student's employer.

Optional modules

The optional modules available can vary from year to year. An indicative list of the range of optional modules for your Programme is set out in the Further Programme Information. Details of any additional costs associated with the optional modules will be made available to you prior to the beginning of the programme. Entry to optional modules will be at the discretion of the University and subject to availability. Although the University tries to ensure you are able to take the optional modules in which you have expressed interest this cannot be guaranteed.

Placement opportunities

The programme consists of a taught component delivered via the University and also an active contribution to service delivery within the NHS/LA or a voluntary sector organisation. There are no opportunities for study abroad or alternative placements within the programme.

Study abroad opportunities

N/A

Teaching and learning delivery

Teaching will use didactic materials, video and role-play illustrations of key therapeutic techniques and experiential learning.

Total study hours for your programme will be 1200 hours. The contact hours for your programme will depend upon your module combination; an average for a typical set of modules on this programme is 120 hours. In addition to your scheduled contact hours, you

will be expected to undertake guided independent study and clinical contact hours. Information about module contact hours and the amount of independent study which a student is normally expected to undertake for a module is indicated in the relevant module description.

Accreditation details

This programme is accredited by the British Association for Behavioural and Cognitive Psychotherapy (BABCP) at Level 2.

Last accreditation visit was in 2019.

Assessment

Assessments will include: formative tapes of assessment and therapy sessions, rated by student and supervisor; summative therapy tapes rated by markers and self-rated by students; students' written reflective analyses of therapy skills; case reports (assessment and formulation, and extended), an essay, a presentation and the completion of an accreditation portfolio marked by course team members.

Progression

N/A

Classification

The University's taught postgraduate marks classification is as follows:

Mark Interpretation

70 - 100% Distinction

60 - 69% Merit

50 - 59% Good standard (Pass)

Failing categories:

40 - 49% Work below threshold standard

0 - 39% Unsatisfactory Work

For PG Diploma

To qualify for **Distinction**, students must

- i. gain an overall average of 70 or more over 120 credits; and

- ii. In addition, the total credit value of all modules marked below 50 must not exceed 55 credits; and
- iii. students must not have any mark below 50.

To qualify for **Merit**, students must

- i. gain an overall average of 60 or more over 120 credits; and
- ii. the total credit value of all modules marked below 50 must not exceed 55 credits; and
- iii. students must not have any mark below 50.

To qualify for **Passed**, students must

- i. gain an overall average of 50 or more over 120 credits; and
- ii. the total credit value of all modules marked below 50 must not exceed 55 credits; and
- iii. students must not have any mark below 50.

Within each module, every skills-based assessment must be passed with a mark of 50 or more, all portfolio assignments passed (marked as a Pass/Fail) and every written academic assessment must be passed with a mark of 50 or more. Any auto-fails on skills-based assessments will be marked as 0. In addition, in order to pass, students must have attended 80% of the teaching days in each module of the programme.

Please note: Completion of studies is dependent on employment within an NHS commissioned Child and Adolescent Mental Health Service, access to a clinical caseload and appropriate supervision. Students must successfully pass all modules of the training programme and cannot leave with an alternative exit award as this programme is nationally recognised by NHSE and HEE. Therefore, a student's studies may be terminated if they are no longer working in an appropriate service and no longer have access to a clinical caseload or access to BABCP accredited supervision.

For further information about your Programme please refer to the Programme Handbook and the relevant module descriptions, which are available at <http://www.reading.ac.uk/module/>. The Programme Handbook and the relevant module descriptions do not form part of your Terms and Conditions with the University of Reading.

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